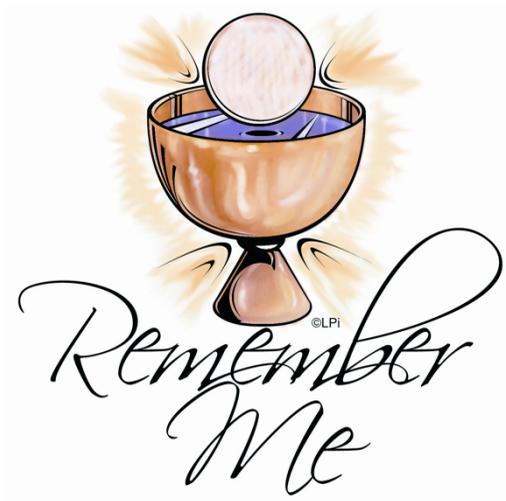


A Service of Holy Communion

Sunday 16th August 2020
St Michael & All Angels, Llanfihangel Tor-y-mynydd



Some prayers to pray before the service.

All we need, Lord Jesus, is yourself;
Not words about you, but your very presence.
In the silence, in the stillness.
Come, Lord Jesus, come.

Queen Elizabeth I

To you, O Lord, I lift up my soul. O my God, in you I trust.

Psalm 25: 1,2

Let me hear what God the Lord will speak,
for he will speak peace to his people, to his faithful,
to those who turn to him in their hearts.

Psalm 85: 8

Lord I believe, please help my unbelief.

Mark 9: 24

Thanks be to you, my Lord Jesus Christ,
for all the benefits which you have given me,
for all the pains and insults which you have borne for me.
Most merciful Redeemer, Friend and Brother,
may I know you more clearly, love you more dearly,
and follow you more nearly, day by day.
Amen.

St Richard of Chichester

~ ~ ~

THE GATHERING

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**
Grace and peace be with you. **And also with you.**

Almighty God,
to whom all hearts are open, all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.

Prayers of confession

Lord Jesus, you raise us from spiritual death to life in the Spirit.
Lord, have mercy. **Lord, have mercy.**

Lord Jesus, you bring pardon and peace to the repentant.
Christ, have mercy. **Christ, have mercy.**

Lord Jesus, you give light to those in darkness.
Lord, have mercy. **Lord, have mercy.**

Silence

Heavenly Father,
we have sinned in thought, word and deed,
and have failed to do what we ought to have done.
We are sorry and truly repent.
For the sake of your Son Jesus Christ who died for us,
forgive us all that is past
and lead us in his way to walk as children of light.
Amen.

Almighty God, who forgives all who truly repent,
have mercy on you and set you free from sin,
strengthen you in goodness and keep you in eternal life,
through Jesus Christ our Lord. **Amen.**

The Gloria

**Glory to God in the highest,
and peace to his people on earth.
Lord God, heavenly King,
Almighty God and Father,
we worship you, we give you thanks,
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,
Lord God, Lamb of God,
you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect of the Day.

Let us pray:

Let your merciful ears, O Lord, be open to the prayers of your humble servants; and that they may obtain their petitions make them to ask such things as shall please you; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.
Amen.

THE PROCLAMATION OF THE WORD

Verses from Romans 11

Hear what the Spirit is saying to the church. **Thanks be to God.**

Gospel reading

Listen to the gospel of Christ in that according to St Matthew.

Glory to Christ, our Saviour.

Jesus left that place and went away to the district of Tyre and Sidon.

Just then a Canaanite woman from that region came out and started shouting, 'Have mercy on me, Lord, Son of David; my daughter is tormented by a demon.'

But he did not answer her at all. And his disciples came and urged him, saying, 'Send her away, for she keeps shouting after us.'

He answered, 'I was sent only to the lost sheep of the house of Israel.'

But she came and knelt before him, saying, 'Lord, help me.'

He answered, 'It is not fair to take the children's food and throw it to the dogs.'

She said, 'Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table.'

Then Jesus answered her, 'Woman, great is your faith! Let it be done for you as you wish.' And her daughter was healed instantly.

This is the Gospel of the Lord. **Praise to Christ, our Lord.**

Sermon

The Nicene Creed

**We believe in one God, the Father, the almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.**

**For us and for our salvation he came down from heaven;
by the power of the Holy Spirit
he became incarnate from the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy, catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

THE INTERCESSION

In the power of the Spirit, through Jesus our Lord, we pray to the Father:

Prayers of concern for

- the church universal and local; our bishop, Cherry
- the nations of the world; our Queen and those in authority under her
- the community of those who live and work in these parishes
- the sick, those who are in trouble, and those who care for them
- those who have died, with thanks for those who have gone before us

finishing with

Merciful Father

**Accept these prayers for the sake of your Son, our Saviour Jesus Christ.
Amen.**

**We do not presume to come to this your table, merciful Lord,
trusting in our own righteousness,**

but in your manifold and great mercies.

We are not worthy so much as to gather up the crumbs under your table.

But you are the same Lord whose nature is always to have mercy.

Grant us, therefore, gracious Lord,

so to eat the flesh of your dear Son Jesus Christ

and to drink his blood,

that we may evermore dwell in him

and he in us.

Amen.

THE PEACE

The peace of the Lord be with you always.

And also with you.

THE THANKSGIVING

The priest takes the bread and the cup.

We celebrate together the gifts and grace of God.

**We take this bread, we take this wine,
to follow Christ's example and obey his command.**

The Lord is here. **His Spirit is with us.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, it is our duty and our joy
at all times and in all places to give you thanks and praise,
holy Father, heavenly King, almighty, everlasting God,
through Jesus Christ your only Son, our Lord.

He is your eternal Word:

through him you created the universe
and formed us men and women in your own image.

You sent him to be our Saviour,
born of Mary through the power of the Spirit.

Upon the cross he opened wide his arms of mercy,
embracing us in perfect love,
destroying the power of evil, suffering and death.

On the first day of the week you raised him from the dead
and opened to us the gate of everlasting life.

Through him you have given us your holy and life-giving Spirit,
and made us your own sons and daughters.

Therefore, with angels and archangels
and with all the company of heaven
we proclaim your great and glorious name,
for ever praising you and saying:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Hear us, heavenly Father,
through Jesus Christ your Son, our Lord.
Through him accept our sacrifice of praise,
and grant that, by the power of your Spirit,
these gifts of bread and wine may be for us
† his body and his blood;

who in the same night that he was betrayed
took bread and gave you thanks;
he broke it and gave it to his disciples, saying,
Take, eat; this is my body which is given for you.
Do this to remember me.

In the same way, after supper,
he took the cup and gave you thanks;
he gave it to them, saying,
Drink from this, all of you;
for this is my blood of the new covenant
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, to remember me.

Let us proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come in glory.

Therefore, Father,
remembering the saving death and resurrection of your Son
we offer to you in thanksgiving this bread and this cup,
your gifts to us,
and we thank you for counting us worthy
to stand in your presence and serve you.
Send your Holy Spirit upon all of us who share this bread and this cup.
Strengthen our faith, make us one and welcome us and all your people
into the glorious kingdom of your Son.

Through him, with him, in him, in the unity of the Holy Spirit
all honour and glory are yours, almighty Father, now and for ever.
Amen.

Silence.

As our Saviour taught us, we boldly pray:
**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power and the glory,
for ever and ever. Amen.**

THE COMMUNION

The priest breaks the bread.

We break this bread to share in the body of Christ.

Though we are many, we are one body for we all share in one bread.

Jesus, Lamb of God, have mercy on us.

Jesus, bearer of our sins, have mercy on us.

Jesus, redeemer of the world, give us your peace.

Jesus is the Lamb of God who takes away the sins of the world.

Happy are those who are called to his supper.

**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

Janet has received communion on behalf of those who cannot physically receive the sacrament today. I invite you to join me in making an act of spiritual communion.

**In union, O Lord with the faithful at every altar of your Church,
where the Holy Eucharist is being celebrated,**

I desire to offer you praise and thanksgiving.

I present to you my soul and body

with the earnest wish that I may always be united to you.

And since I cannot now receive you sacramentally,

I ask you to come spiritually into my heart.

I unite myself to you, and embrace you with heart and mind and soul.

Let nothing ever separate you from me.

May I live and die in your love.

Amen.

THE SENDING OUT

Give thanks to the Lord for he is gracious.

His love is everlasting.

**Loving Father, thank you for feeding us
with the spiritual food of your word and sacrament.
Send us out in the power of your Spirit
to live and work as your people in the world.**

Christ's food in our souls: **our food shared like his.**

Christ's life in our hands: **our lives shaped by his.**

Christ's love in our hearts: **our love warmed through his.**

Christ's peace on our path: **our path following his.**

and the blessing ...

Go in peace to love and serve the Lord.

In the name of Christ. Amen.